



## **ASCM Introductory Workshop**

**Wednesday 9<sup>th</sup> September to Friday 11<sup>th</sup> September 2009  
Sydney Marriott (Hyde Park)**

### **Wednesday 9<sup>th</sup>**

- 7.30 Registration and Coffee
- 8.00 Welcome, introductions and overview of cosmetic medicine
- 8.15 Botulinum treatments  
History, anatomy, pharmacology, products available, dilutions, indications and what it can achieve, techniques, consent
- 10.00 Morning Tea
- 10.15 Practical Demonstrations and workshops, eyes, frown, brow
- 12.30 LUNCH
- 1.15 Keeping the customer satisfied/the consultation/sales techniques and pricing.  
Complications and how to deal with them,
- 1.30 Workshop continues, other areas- including lower face, neck, hyper-hidrosis
- 3.00 Coffee Break
- 3.15 Radiosurgical techniques/theory  
The modern technology of shave excision using microwave loops without bleeding for skin tags, benign moles, seborrhoeic warts, solar keratosis and the cauterization of spider naevi, facial veins. The science behind the technology and practical advice on technique.
- 3.45 Workshop, familiarizing with the machines in lab and with patients.  
Removal of skin tags, seborrhoeic warts and moles.
- 5.00-6.00pm Finish for the day.



**Thursday 10<sup>th</sup>**

- 8.00 Overview of local anaesthetics and some useful nerve blocks for the face
- 8.30 Dermal fillers overview. History, pharmacology, different products different placements indications and what it can achieve
- Workshop/practical demonstrations of superficial placement/test doses.
- 10.00 Morning Tea
- 10.15 Dermal fillers practical demonstrations of superficial placement. Contour deficits, acne scars, naso-labial lines
- 12.00 Lip enhancement demonstration including nerve blocks
- 12.30 LUNCH
- 1.15 More practical workshops on nerve blocks, lip enhancement hands on experience and general dermal filling
- 3.00 Afternoon Tea
- 3.15 Further workshops on Botulinum and dermal fillers combined.
- 5.00 to 6.00 pm finish for the day.



## **Friday 11<sup>th</sup>**

8.00 Lasers/IPL and other light based treatments  
Overview of lasers. History of lasers in dermatology to date.  
How it works.... some basic laser physics and an understanding of the process of selective photothermolysis, the reasoning behind the different treatment parameters and regimes for destroying different chromophores/targets: hair, pigmented lesions and veins. Photodynamic therapy

10.15 Morning Tea



10.30 Laser Demonstrations Sponsored by

11.00 Skin peels/ skin care. Pigmentation problems, melasma, sun freckles  
Light or freshening peels and medium depth peels with the use of AHA (glycolic Acid) and trichloroacetic acid (TCA). Sponsored by



and



11.30 Procedural techniques for glycolic and TCA spot and face peels.  
Practical demonstrations and workshop.

12.30 LUNCH

1.15 Microdermabrasion in a cosmetic practice. A demonstration of combined fruit peels and microdermabrasion. Non-pharmaceutical acne treatments. The newer treatment protocols available offering a combination of microdermabrasion and light treatments

2.00 Injection Lipolysis. Non surgical Liposculpture.  
Pharmacology of phosphatidylcholine, protocols, dosages and technique  
Assessments, investigation, consent. Demonstrations.

3.15 Afternoon Tea

3.30 More practical experience in all modalities.

4.00 How to set up and build a practice- Useful guidelines on marketing initiatives, staff employment and business systems for a successful practice

Further workshop on Botulinum and dermal fillers as required



- 4.45 Course evaluation forms. Discussion regarding topics covered, review of some of the topics and the clients treated during the workshop.
- 5.30 Workshop ends.



## Registration Form

### ASCM Cosmetic Medicine 3 day introductory workshop

Dates: 9<sup>th</sup>-11th Sept. 2009

Venue: Sydney Marriott Hotel @ Hyde Park

NB immediately prior to annual ASCM conference 12<sup>th</sup>-13th Sept. 2009  
(Sydney Sheraton)

All medical/nursing practitioners must have a current practising certificate to participate in the workshop.

Name: .....

Medical/Nursing Council No.: .....

Year Registered.....

Address: .....

.....

Email address.....

Phone: (day).....(night).....

Mobile: .....

Please send a brief resumé outlining particular areas of interest in this field.  
Cost: Aus\$4,950.00 includes workshop, morning & afternoon teas, manual,  
membership of ASCM and free entry to the annual conference.

Payment: Mastercard/Visa No.....

Name on card.....

Expires.....

Signature: .....

Please circle/ payment is:

\$500.00 non refundable deposit or full payment \$4950.00

**Earlybird Rate \$3,950.00** if paid in full by the end of June 2009.

Copy, Complete and Email or fax 64 6 871 0829 to our workshop convenor  
[paul.weaver@xtra.co.nz](mailto:paul.weaver@xtra.co.nz)

**ASCM is a RNZCGP Special Interest Registered CME Provider**

**Workshop attracts 40 Category ALM CME points from RACGP**