



“PREPARING YOU FOR AN EMERGENCY”

RESUSCITATION (CPR) COURSE

This course is presented in accordance with the current guidelines of the Australian Resuscitation Council (ARC).

The course covers all aspects of resuscitation and basic life support.

Participants train on resuscitation manikins and demonstrate competency in Cardio Pulmonary Resuscitation (CPR). All participants will also be trained in mouth-to-mask resuscitation technique, utilising the Laerdal Pocket Mask.™

Automated External Defibrillation (AED) will be demonstrated during the course in accordance with the “D.R.A.B.C.D Primary Survey”.

Specific competencies include:

- Define the role of resuscitation and when to apply it
- Assess an accident scene using D.R.A.B.C.D Primary Survey protocol
- Assessing and maintaining an airway of an unconscious casualty
- Perform Cardio Pulmonary Resuscitation (CPR) techniques on a mannequin
- Identify the differences in resuscitation technique with infants and children
- Identify the complications of airway management during resuscitation and the respective action to take with these complications
- Identify communicable diseases risk management techniques
- Perform resuscitation on a mannequin using the Laerdal Pocket Mask™
- Identify the use of an Automated External Defibrillator (AED)

Infant, child and adult mannequins are supplied for training.

- **TRAINING DURATION** 2.5 Hours
- **QUALIFICATION DURATION** 12 Months from date of issue.
- **ASSESSMENT** 1. Demonstrate competent resuscitation techniques on a mannequin.

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